

Offizielle Schwangerschaftsberatungsstelle des Kantons Obwalden

elbe – Fachstelle für Lebensfragen
Einzel- und Paarberatung, Schwangerschaft & Familienplanung, Sexualität
Hertensteinstrasse 28, 6004 Luzern
Telefon 041 210 10 87
info@elbeluzern.ch
www.elbeluzern.ch

Weitere Hilfs- und Beratungsstellen

Pflege- und Adoptivkinder Schweiz
Pfungstweidstrasse 16, 8005 Zürich
Telefon 044 205 50 40
www.pa-ch.ch

Sozialdienste der Einwohnergemeinden des Kantons Obwalden

Persönliche Beratung, Sozialhilfe, Alimenteninkasso und Bevorschussung,
Massnahmen usw.

Jugend- und Familienberatung

Dorfplatz 4, 6060 Sarnen
Telefon 041 666 62 56

Kindes- und Erwachsenenschutzbehörde

Dorfplatz 4a, 6060 Sarnen
Telefon 041 666 61 26
Abklärung und Anerkennung der Vaterschaft sowie Unterhaltsvertrag

Verein Kinderbetreuung Obwalden

Spitalstrasse 4, 6060 Sarnen
Telefon 041 660 20 30
Vermittlung von Tagesplätzen

Haus für Mutter und Kind

Obkirche 2, 6052 Hergiswil
Telefon 041 630 24 46

Betreute Wohnmöglichkeiten für Frauen und Kinder während und nach der Schwangerschaft

Obwaldner Sozialfonds für Mütter und Familien in Not

Telefon 041 670 01 05 oder 041 660 82 44

Manual

Gemäss Art. 120 Abs. 1 Bst. b des Strafgesetzbuches

Unwanted pregnancy?

Dieser Leitfaden ist erhältlich bei:

Gesundheitsamt

St. Antonistrasse 4
6060 Sarnen

Tel. 041 666 64 58

gesundheitsamt@ow.ch

Sozialamt

Dorfplatz 4
6060 Sarnen

Tel. 041 666 61 32

sozialamt@ow.ch

You have made the decision to terminate your pregnancy

In this case, your doctor has had a detailed discussion with you, informed you on legal matters as well as health risks related to the termination of a pregnancy. Your doctor will also have given you a list of contact points after you have signed this manual.

Only you, as the affected person can make the final decision whether you want to carry the pregnancy to term, terminate the pregnancy or give the child up for adoption.

You are younger than 16 and are considering terminating your pregnancy

In addition to a detailed discussion with your doctor, a counselling session with a family planning centre is compulsory. Counselling for underage patients is also free of charge, confidential and falls under the principle of doctor - patient privilege.

You are thinking about the option of adoption

Giving up a child for adoption is a difficult decision. For more information and support you can contact the Swiss Department for Adoption (Schweizerische Fachstelle für Adoption).

You have the right to counselling – Free, objective and confidential

An unwanted pregnancy can bring up questions, mixed feelings and fears. According to Federal law, if you find yourself in this situation, you have the right to counselling and support, whether you would like to terminate the pregnancy or carry it to term.

If you need time in order to make a decision or you wish to conduct a further discussion on your personal situation, you can contact the official family planning office where you will be further supported with all social, psychological, financial and legal questions.

Such counselling can help you to ultimately make a decision. You can seek counselling after the termination of a pregnancy, with regard to birth control questions or for support in making a decision.

You can also bring your partner or a person with whom you have a close relationship to the counselling session. The counselling is free of charge and the sessions are confidential as they fall under the principle of doctor-patient privilege.